



Instructions for Punch Biopsy After-Care

1. Keep the biopsy site completely dry for 24 hours.
2. Starting tomorrow, remove the bandage and gently clean wound with a Q-tip or gauze moistened with hydrogen peroxide or sterile saline. Gently clean by rolling the Q-tip over the stitches.
3. Gently pat the area dry.
4. Apply a thin film of Aquaphor, Vaseline, or antibiotic ointment over the stitches. The best way to minimize scarring is to never let the wound site go dry.

This procedure should be done twice a day, morning and night.

If clothing irritates the biopsy site, a clean, dry bandage may be used to cover the area. Otherwise, it is all right to leave the area uncovered.

Please notify the office if the area becomes excessively painful, develops a discharge, develops a red area greater than two inches in diameter around the wound site or seems infected.

It is important to keep the stitches covered with a thin film of ointment until they are removed. This helps to prevent infection, reduce scarring, and enhance faster wound healing.

Please call the office at (818) 889-2739 if you have any additional questions.